

lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	<b>power yoga II</b> 7:00–8:00 kim	<b>power yoga II</b> 9:00–10:30 myriam	<b>power yoga II</b> 6:30–7:30 kim			
<b>prénatal</b> 10:00–11:30 marie-claire	<b>retraités actifs</b> 10:00–11:30 philippe	<b>bambins</b> 10:00–11:00 marie-claire	<b>retraités actifs</b> 10:00–11:30 philippe		<b>power yoga II</b> 9:30–11:00 myriam	<b>power yoga II</b> 10:30–11:30 julie
<b>yoga midi</b> 12:00–12:50 marie-claire		<b>yoga midi</b> 12:00–12:50 myriam		<b>yoga midi</b> 12:00–12:50 myriam	<b>yoga chaud</b> 11:15–12:15 myriam	
<b>yoga détente</b> 16:30–17:30 annemarie	<b>yoga chaud</b> 16:15–17:15 kim	<b>postnatal</b> 14:00–15:00 myriam		<b>power yoga II</b> 14:00–15:30 kim		
<b>yoga chaud</b> 16:30–17:30 kim	<b>power yoga II</b> 16:30–17:30 annemarie	<b>yoga détente</b> 16:30–17:30 annemarie	<b>power yoga I</b> 16:30–17:30 annemarie	<b>yoga chaud</b> 16:30–17:30 cybèle		
<b>power yoga I</b> 17:45–19:00 kim	<b>yoga avancé</b> 17:45–19:00 hélène	<b>yoga avancé</b> 17:45–19:00 hélène	<b>power yoga II</b> 17:45–19:00 philippe	<b>y&amp;méditation</b> 17:45–19:00 cybèle		
<b>yoga chaud</b> 18:00–19:00 cybèle	<b>y&amp;méditation</b> 17:45–19:00 philippe	<b>yoga chaud</b> 18:00–19:00 annemarie	<b>prénatal</b> 17:45–19:00 marie-claire	<b>ateliers</b> à partir de 17:30		
<b>yoga chaud</b> 19:30–20:30 hélène	<b>power yoga I</b> 19:30–20:50 annemarie	<b>yoga chaud</b> 19:30–20:30 hélène	<b>yoga chaud</b> 19:30–20:30 philippe			
<b>power yoga II-III</b> 19:30–20:50 philippe	<b>yoga détente</b> 19:30–20:50 hélène	<b>power yoga II</b> 19:30–20:50 philippe	<b>yoga détente</b> 19:30–20:50 marie-claire			

